



Dr Hardeep Sahota

BDS (Hons), MJDF RCS (Eng), MClintDent Perio (Dist), CCST Perio/Implants, M Perio RCSEd

Hardeep graduated with honours from the University of Birmingham having received multiple prizes. This was followed by hospital roles in maxillofacial, oral surgery and oral medicine. He was awarded with the Membership of the Faculty of Dental Surgery from the Royal College of Surgeons. He has also spent time as a clinical teacher at Birmingham Dental Hospital. His passion for Periodontology led him to complete a three year specialist training programme at the prestigious Eastman Dental Institute, London, where he graduated with distinction. He treats patients who require advanced treatment for gum disease.

Further Information

HOW TO FIND US: HADLEY PARK PRACTICE



Station House Dental Practice
Unit A1, Access 442
Hadley Park East
Telford
TF1 6QX

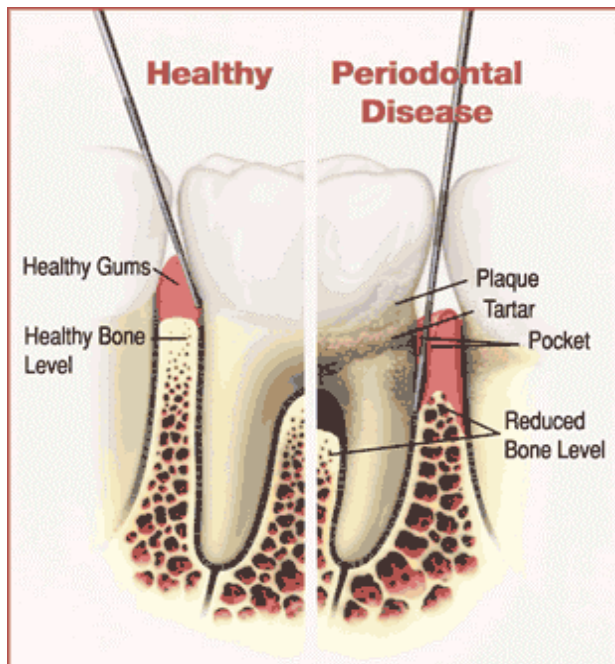
01952 610061

Your first visit to the Periodontist



What is periodontal disease?

Periodontal disease (periodontitis) is caused by bacteria in your mouth, which irritate the gums. The effect of this irritation and inflammation can cause destruction of the attachment between the gum and your teeth. This results in the development of pockets between the teeth and gums, and once plaque accumulates in these pockets, the disease progresses. This causes destruction of the structures around the teeth, mainly the bone, resulting in loose teeth and eventually tooth loss. There are many risk factors and some patients are more susceptible to gum disease than others.



Why have I been referred?

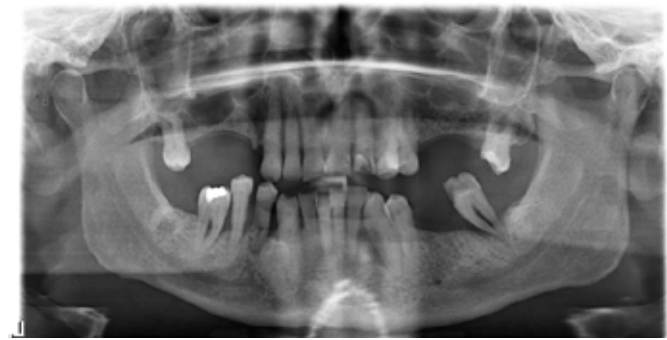
The most common reason for referral is the management of your periodontal disease (periodontitis). In some instances, this can be treated by the support of your dentist and/or hygienist. However, if your periodontitis is non-responsive to treatment, deteriorating and/or severe, then you may benefit from a referral.

Other reasons for referral include receding gums, gum lifting around teeth and gum disease around dental implants.

What should I expect at the first appointment?

The first appointment is the periodontal assessment. To begin with, there will be a discussion exploring your main concerns and goals of treatment. This will be in addition to exploring relevant medical, social, family, and dental questions to allow management in a holistic approach.

This will be followed by the clinical examination where a comprehensive assessment of your gum condition is undertaken. This involves measuring the position of the gums and whether any pockets have formed between the gums and the teeth. The amount of bleeding, gum recession and tooth mobility will also be assessed. It may be necessary to take x-rays and clinical photographs.



The findings will be discussed with you in detail and a treatment plan suggested that suits your needs. At this point you will be given the chance to ask any questions you may have. You will receive a follow-up report summarising the findings.

How does the periodontal assessment feel?

The exam should feel like when your dentist or hygienist checks your gums. We will ensure that you are as comfortable as possible, but occasionally it can be uncomfortable due to the associated gum inflammation.

What is the fee for the first appointment?

The assessment fee is £180, and this includes any necessary x-rays and photographs. Your report will outline the treatment options including the associated costs.

How long is the first appointment?

The initial assessment appointment will be approximately 45-60 minutes.